



Vancouver Bicycle Club Waiver & Ride Sign-Up Sheet



Ride Name:	Mileage(s)	Accidents or Incidents (Circle 1) NO YES (attach report)
Ride Leader(s):	Date:	Ride Type (Circle 1) Group Re-Group Non-Group
Start Location:	Time:	Ride Pace on the Flats (Circle 1) 10 12 14 16 18 20
(Circle all that apply) Weather: Rainy Foggy Cloudy Partly Sunny Calm Windy Cool Mild Warm Hot		Hills (Circle 1) Flat Minor Moderate Significant

Release of all claims: In return for being allowed to participate in rides and activities sponsored by the Vancouver Bicycle Club (VBC), the undersigned and his/hers heirs, executors, and assigns agrees that under no circumstances will a claim be made for any and all damages for personal injury, property damage or wrongful death incurred during or arising out of participation in any VBC ride or activity against the VBC, its members, ride coordinators, officers, agents, and sponsors.







If the named entrant is a **minor** (younger than 18), a parent or other responsible adult must sign for **and** accompany the minor on the ride.

I also understand that obeying traffic laws and wearing an approved helmet are required.

#	Miles	PRINTED Name <small>Print clearly for emergency use</small>	Signature	Check if NOT a member	Check if under age 18	Emergency Contact # (Not 9-1-1)	Cell Phone # <small>(if carrying on ride)</small>
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
11							
12							
13							

#	Miles	PRINTED Name Print clearly for emergency use	Signature	Check if NOT a member	Check if under age 18	Emergency Contact # (Not 9-1-1)	Cell Phone # (if carrying on ride)
14							
15							
16							
17							
18							
19							
20							
21							
22							
23							
24							
25							
26							

Ride Leader Check List

-  Introduce yourself to the group as the ride leader, and have each rider introduce themselves to the group.
-  Explain your intentions for having a Group, Re-Group, Non-Group, and the posted pace.
-  Go over the route highlighting options and obstacles.
-  Make sure all riders are wearing helmets.
-  Remind everyone it is their responsibility to obey all road traffic laws and to be considerate to other road/path users.
-  Thank everyone for coming out and remind everyone to **ride safely and have fun!**

Within 14 days after the ride

- Place into the club box at the River Maiden Coffee Shop (602 N Devine location) **or**
- Scan the report and e-mail to: assistcptn@vbc-usa.com **or**
- Mail to the name and address in adjacent box

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